10-Week Journaling Challenge: Week 3
Korea TESOL Reflective Practice Special Interest Group

Teacher Appreciation

Monday

1) It’s Teacher’s Day? Write about the impact or influence you have had (are having) on your students.
2) How have you grown/changed since you first started teaching?
3) What is most meaningful to you as a teacher? What gives you a sense of purpose?

Tuesday

1) List three ways to battle burnout and explain how to maintain a positive attitude as a teacher.
2) Looking back, what advice would you give Younger You?

Wednesday

1) What accomplishments are you most proud of so far in your teaching career?
2) The future: Where do you see yourself in five years? Ten? Describe your path forward?

Thursday

1) Write about a supportive colleague or mentor who helped you or given you guidance.
   Send them a thank you note.
2) How can you be a mentor to others? How can you inspire the next generation of teachers?

Friday-Sunday

1) Imagine your retirement is nearing. How do you want to be remembered by students, staff, colleagues, and community?